

Moose Jaw Parks & Recreation Summer 2017

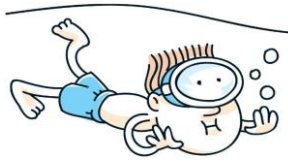
Learn-to-Swim, Lifeguard Training & Water Workout Programs

Registration Information:

Register at the Phyllis Dewar Outdoor Pool June 12th-July 2nd during the Kinsmen Sportsplex closure.

Choose from two lesson format options - one or two week sets, at either the Indoor or Outdoor pool!!

- * Registration is on a first come, first serve basis in person or by mail.
- * Children must be registered by an adult.
- * All fees payable at time of registration by cash, cheque or interac.
- * Transfers will be allowed up to two weeks prior to the start of the registered session, providing room is available.
- * Registrations are final and no refund will be given except upon submission of a medical certificate and your receipt. Refunds may be subject to an administration fee.
- * Minimum registration numbers are required for classes to run.
- * Times are subject to change.



One-Week Swim lessons	\$48.00
Two-Week Swim lessons	\$58.00
Adult Lessons	\$68.00
Lifesaving Saving Sport	\$58.00
Private Lessons (by appointment only) (30 min)	\$25.00



	OUTDOOR POOL		KINSMEN SPORTSPLEX						
	I: June 19 - 30	IV: July 24 - Aug 4	II: July 3 - 14	III: July 17 - 21	IV: July 24 - Aug 4	V: August 7 - 11	VI: August 14 - 25	VII: Aug 28 - Sept 1	
	2 weeks	2 weeks	2 weeks	1 week	2 weeks	1 week	2 weeks	1 week	
Parent & Tot (ages 4 mos to 3 years)	These two week lessons sets are held at the Phyllis Dewar Outdoor Pool in beautiful Crescent Park!		11:25-11:55am 6:20-6:50pm	11:30am-12pm	9:05-9:35am 4:35-5:05pm	11:30am-12pm	10:15-10:45am 5:45-6:15pm	11:30am-12pm	
Preschool 1 (ages 3 - 5)			9:05-9:35am 5:25-5:55pm 5:55-6:25pm	9:00-9:45am 11:15am-12pm 4:35-5:20pm	9:05-9:35am 5:25-5:55pm 5:55-6:25pm	9:00-9:45am 11:15am-12pm 4:35-5:20pm	9:05-9:35am 5:25-5:55pm 5:55-6:25pm	9:00-9:45am 11:15am-12pm 4:35-5:20pm	9:00-9:45am 11:15am-12pm 4:35-5:20pm
Preschool 2 (ages 3 - 5)			9:40-10:10am 6:00-6:30pm 5:45-6:15pm	9:50-10:35am 11:15am-12pm 5:25-6:10pm	9:40-10:10am 6:00-6:30pm 5:45-6:15pm	9:50-10:35am 11:15am-12pm 5:25-6:10pm	9:40-10:10am 6:00-6:30pm 5:45-6:15pm	9:50-10:35am 11:15am-12pm 4:35-5:05pm	9:50-10:35am 11:15am-12pm 5:25-6:10pm
Preschool 3 (ages 3 - 5)			9:05-9:35am 4:35-5:05pm	9:00-9:45am 5:25-6:10pm	11:25-11:55am 6:20-6:50pm	9:00-9:45am 5:25-6:10pm	11:25-11:55am 6:20-6:50pm	9:00-9:45am 5:25-6:10pm	11:25-11:55am 6:20-6:50pm
Preschool 4/5 (ages 3 - 5)			10:15-10:45am 4:50-5:20pm 6:30-7:00pm	10:40-11:25am 4:35-5:20pm	10:15-10:45am 4:50-5:20pm 6:30-7:00pm	10:40-11:25am 4:35-5:20pm	10:15-10:45am 4:50-5:20pm 6:30-7:00pm	10:40-11:25am 4:50-5:20pm 6:30-7:00pm	10:40-11:25am 4:35-5:20pm
Swimmer 1 (ages 6 +)			6:30-7:00pm	6:30-7:00pm	10:50-11:20am 5:10-5:40pm	9:50-10:35am 6:15-7:00pm	10:50-11:20am 5:10-5:40pm	9:50-10:35am 6:15-7:00pm	10:50-11:20am 5:10-5:40pm
Swimmer 2	6:30-7:00pm	6:30-7:00pm	9:40-10:10am 5:25-5:55pm	9:05-9:50am 6:15-7:00pm	9:40-10:10am 5:25-5:55pm	9:05-9:50am 6:15-7:00pm	9:40-10:10am 5:25-5:55pm	9:05-9:50am 6:15-7:00pm	
Swimmer 3	5:20-6:05pm	5:20-6:05pm	10:15-11:00am 5:05-5:50pm	10:10-11:10am 5:55-6:55pm	10:15-11:00am 5:05-5:50pm	10:10-11:10am 5:55-6:55pm	10:15-11:00am 5:05-5:50pm	10:10-11:10am 5:55-6:55pm	
Swimmer 4	5:20-6:05pm	5:20-6:05pm	10:15-11:00am 5:05-5:50pm	10:10-11:10am 5:55-6:55pm	10:15-11:00am 5:05-5:50pm	10:10-11:10am 5:55-6:55pm	10:15-11:00am 5:05-5:50pm	10:10-11:10am 5:55-6:55pm	
Swimmer 5/6	6:10-6:55pm	6:10-6:55pm	9:05-9:50am 4:35-5:20pm	10:40-11:40am 4:50-5:50pm	9:05-9:50am 4:35-5:20pm	10:40-11:40am 4:50-5:50pm	9:05-9:50am 4:35-5:20pm	10:40-11:40am 4:50-5:50pm	
Rookie/Ranger/Star Patrol	4:30-5:15pm	4:30-5:15pm	11:05-11:50am 6:00-6:45pm	9:05-10:05am	11:05-11:50am 6:00-6:45pm	9:05-10:05am	11:05-11:50am 6:00-6:45pm	9:05-10:05am	

Lifesaving Sport: Pre-requisites: Ages 7-14 years; must be able to swim 2 lengths of front crawl & be comfortable in the deep end. PD Outdoor Pool! \$58.00
 July 4 - 27 Mon/Wed 5:30 - 6:45pm
 August 1 - 31 Mon/Wed 5:30 - 6:45pm
 Lifesaving Sport is the only athletic competition whose skills are first learned for humanitarian purposes, featuring pool and open water events, including skill, fitness, emergency response, teamwork and judgment. Great introduction to Lifeguarding skills!

Bronze Star: Pre-Bronze Medallion training, designed for ages 10+ & completed Star Patrol
 July 4 - 27 Tues/Thu 5:30 - 6:45pm PD Outdoor Pool \$68.00
 August 1 - 31 Tues/Thu 5:30 - 6:45pm PD Outdoor Pool \$68.00

Adult Lessons: For all ability levels, from non-swimmer to stroke improvement!
 July 3-31 or Aug 2-30 Mon/Wed 12:05-12:45pm Sportsplex \$68.00

Newcomer Lessons: Designed for those new to Canada
 Learn to swim with your entire family, all welcome!
 July 4-27 or Aug 1-31 Tues/Thurs 6:00 - 7:00pm Sportsplex \$20.00

Water Workout Classes:
Shallow Classes
 June 2 - 30* Mon/Wed/Fri 8:05-8:55am Sportsplex/PD \$65.00
 June 1 - 29* Tues/Thurs 11:35am-12:25pm Sportsplex/PD \$45.00
 June 1 - 8 Tues/Thurs 3:05-3:55pm Sportsplex drop-in only \$7.50
 *June 1 - 9 held at the Kinsmen Sportsplex. June 12 - 30 held at the Phyllis Dewar Outdoor Pool.
 July 3 - 31 Mon/Wed/Fri 8:05-8:55am Sportsplex \$65.00
 August 2 - 30 Mon/Wed/Fri 8:05-8:55am Sportsplex \$65.00
 July 4 - 27 Tues/Thurs 5:35-6:25pm PD Outdoor Pool \$45.00
 August 1 - 31 Tues/Thurs 5:35-6:25pm PD Outdoor Pool \$45.00

**Drop-in fee of \$7.50 (\$6 members)
 **Water Workout punch cards available! \$75 for 10 punches!

SUMMER LIFEGUARD SCHOOL

Be deck ready by end of summer!

Bronze Medallion (pre-req: 13 yrs or Br. Star)
 Cost - \$160.00
 July 3 - 14 9:15-11:30am
 Aug 7 - 11 1:15 - 5:45pm

Bronze Cross (pre-req: Br. Medallion)
 Cost - \$130.00
 July 17 - 21 1:15 - 5:45pm
 Aug 14 - 25 4:45 - 7:00pm

Red Cross Standard First Aid & CPR
 Cost - \$160.00
 June 23 - 25 Fri 5-9, Sa/Sun 9-6
 Cost - \$140.00
 Aug 23 & 24 5:00 - 9:00pm*

*Blend Learning option requires the candidate to complete an 8-10 hr online component before attending the classroom dates.

Lifesaving Society National Lifeguard (pre-req: 16yrs, Br. Cross, SFA&CPR C)
 Cost - \$240.00
 Aug 28 - Sept 1 9:00am-7:00pm

Red Cross First Aid Instructor (pre-req: 18yrs, SFA&CPR C)
 Cost - \$500.00
 June 12 - 15 1:00 - 10:00pm